

4th/5th Grade Girls

- About
 - This group will run as a normal basketball league with a few rule modifications
 - There will only be 1 league for this group
 - Will have an end of the season tournament
 - Rule modifications
 - No zone defense
 - Can press in 2nd half only starting in January IF up by 9 or less
 - When shooting free throws, must be behind the line but can jump and land over the line from a standing position
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 - Shooting fouls will result in 2 shots. Non-shooting fouls will be spotted out of bounds by refs
 - We will keep track of team fouls- when a team gets 5 team fouls in a QUARTER, all fouls for the remainder
 - Playing Time Rule
 - everyone plays at least half the first half and half the second half
 - Will use 28.5 size ball
- Schedule information
 - Practices
 - Practices will be once per week for one hour (rec) (may be sharing the gym with another team)
 - Practices can be any day during the week (Monday-Friday)
 - Practice start times are determined by coach, start time options are:
 - 5 pm
 - 6 pm
 - 7pm
 - 8pm
 - Games
 - In December, games will be played on Saturdays and some Sundays
 - In January, games will be played on Saturday
 - February games will be Saturdays, exceptions may be for makeups and playoffs at the end of the month
 - We will leave 1-2 weekends open in mid February in the event we get any weather cancellations and reschedule games for those open weeks- or on Sundays we have available
 - Games will be four 8 minute quarters with a stopping clock
 - Games can start as early as 8:45 am or as late as 5 pm
 - Locations
 - Games and practices can be at one of the following locations
 - New Market Elementary
 - Blue Heron Elementary

- Liberty Elementary
- Twin Ridge Elementary
- Monocacy Value Church
- Calvary United Methodist Church
- Oakdale Elementary
- Deer Crossing Elementary
- Green Valley Elementary
- Kemptown Elementary
- Team Construction
 - Teams will be built based off of what school your child attends, this doesn't always workout perfectly, with a fallback of grouping kids based on like middle schools- parent/player requests may also be considered, but not guaranteed